

Soul Contract

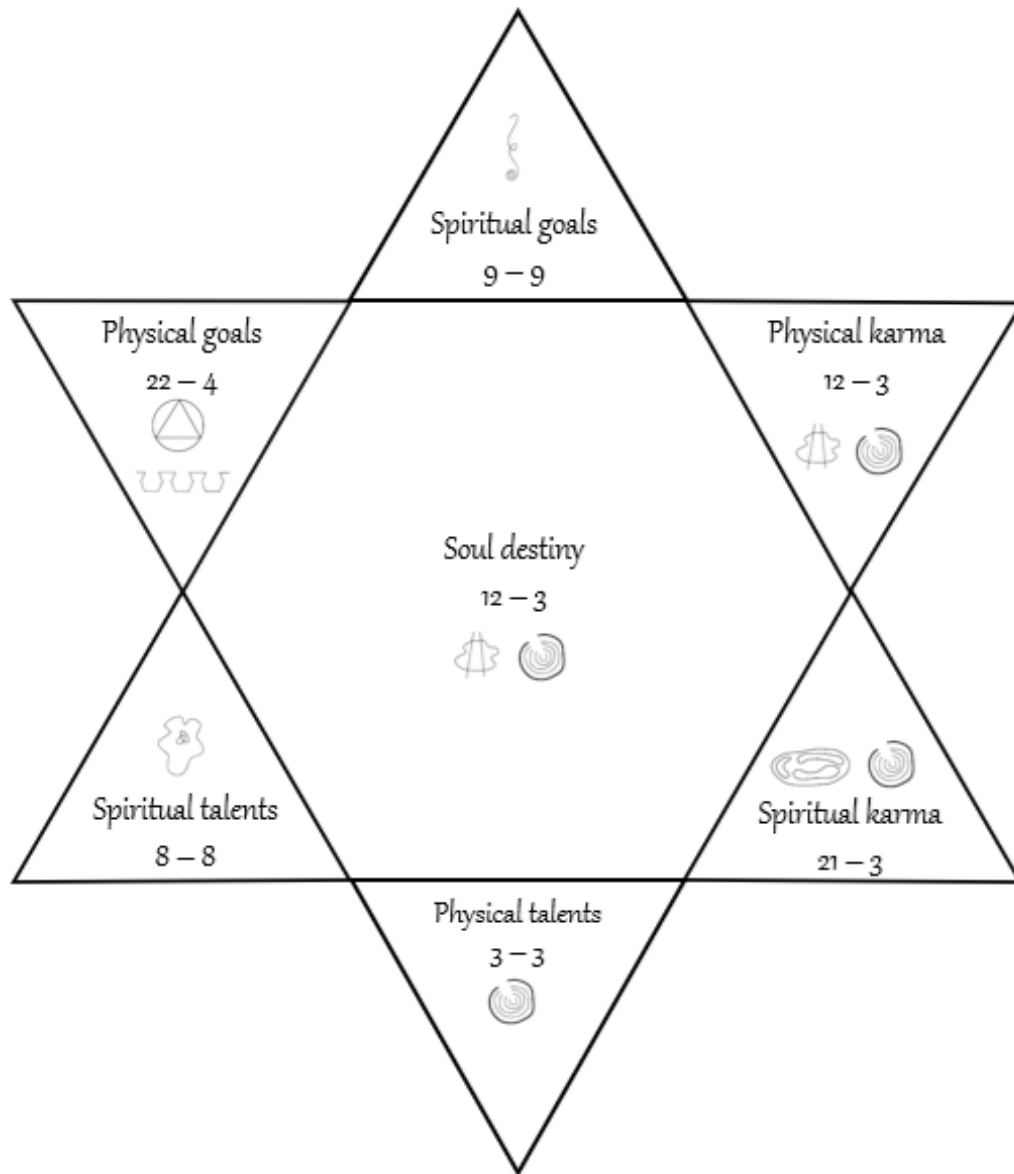


A Journey Within: The Path to Sacred Agreement

Soul contracts are the sacred agreements your soul makes before each lifetime—with yourself, with others, and with the universe. They shape your experiences, relationships, and lessons. By remembering them, you reclaim your purpose, heal old patterns, and align with the truest expression of who you came here to be.



FULL NAME



Physical Karma 12–3

Number	12
English letter	L
Hebrew letter	Lamed
Letter type	Simple Letter
Category	Creative
Symbol	1. Sign of expansion and expression
	2. Flowing, seeking growth and very symbolic spiritually
	3. Incentive to continue to expand to get more knowledge to teach
Star sign	Libra
Positive	1. Harmony, romantic, idealistic and togetherness
	2. A coming together, balance
Negative	Unbalanced, indecisive, sitting on the fence
Quality	Coition
	This is the act of love. In a karmic position, this can get very excessive, eg multiple partners, or completely non-existent.
Comments	Strong energies in positive and negative expressions
Organ	Gall
	Dealing with “gall”, which is internal anger/pain, heavy judgemental emotional energies.

Number	3
English letter	G
Hebrew letter	Gimel
Letter type	Double Letter
Double letter	Poverty to Wealth
Category	Communication
Symbol	1. Image of the canal, material covering, outer shell with energy patterns on inside
	2. Open to receive anyone who wants to come in
Planet	Mars
Positive	1. Power of protection, initiative, leader
	2. Sexuality. Be careful here as this could throw you out of balance.
	3. Courage, willpower
Negative	1. Impatience, wilfulness
	2. Violence, improper use of force
Comments	1. This energy is all about communication. You are learning to communicate internal concepts that come from inside the canal and bringing them out into the world in a feeling manner.
	2. It also goes the other way: being able to hear and absorb feeling and communication from others, drawing it into the canal, allowing a two-way flow of communication.
Direction	Depth
	Inability to go into the depths of yourself to feel and express what is really there. Can be very frustrating.

Gateway	Right Ear
	This is the inability to really hear and absorb what someone is saying to you. Tendency to interrupt, as a knee-jerk reaction, and defend the old expressive philosophy no matter what, so that the words of others do not trigger feelings of unworthiness. This may manifest as tinnitus.

Your Physical Karma 12–3 expresses itself through the feeling that life keeps asking you to survive, adapt and stay responsible, even when your deeper self is quietly asking for meaning, direction and joy. You have learned to be independent because, from childhood onward, you often felt that no one would truly be there when you needed them. This created a strong self-reliant structure in you. You learned to stand alone, to prepare a plan B, to rely on logic, and to keep yourself financially safe. Yet beneath that practical strength, there is still a part of you that wants to feel held, chosen and emotionally safe.

The 12–3 pattern is not simply about being stuck; it is about having powerful inner knowledge and expression that have not yet found the right physical form. You are naturally pulled toward learning, improving and sharing what you understand. This is why health, biohacking and optimisation interest you so strongly. Your system recognises knowledge as medicine. You do not only want to know things for yourself; you want to translate them, teach them and make them useful for others. This is one of the clearest signs of the 3 within you: the teacher, the communicator, the one who turns lived experience into perspective.

Your relationships have carried a major karmic lesson. Marriage, divorce and separation have not only affected your trust in love; they have shaped your entire emotional strategy. You now protect yourself by not committing fully, because experience has taught you that love can change, people can leave, and attachment can become painful. This is understandable, but it also shows where the 12–3 lesson is active. The 12 seeks balance, harmony and togetherness, while the 3 needs honest expression. When pain is not fully expressed, it can turn into philosophy,

detachment or self-protection. You may explain life very well, but the deeper wound still asks to be felt.

You often take the role of the teacher with relatives, friends, colleagues, siblings and even your mother. This is not accidental. Your energy becomes clear when you are helping someone understand something. You naturally observe patterns, interpret behaviour and explain your perspective on life. You are philosophical because you have needed philosophy to survive uncertainty. It gives structure to situations that otherwise feel disappointing or unfair. When something is lost, you immediately try to understand why it happened. This ability is a gift, but it can also become a shield if understanding replaces grieving.

Your career pattern shows the physical side of this karma very strongly. You work because you are responsible, because you need security, and because you know others may have it worse. Gratitude keeps you steady, but it can also make you tolerate misalignment for too long. You may not feel drained by work because you have trained yourself to accept what is necessary. Yet the deeper truth is that your work has not reflected your inner knowledge, curiosity or teaching nature. You have been doing jobs to stay safe, not because they express who you are.

Physical Karma 12–3 asks you to notice the difference between gratitude and alignment. Gratitude says, “I appreciate what I have.” Alignment says, “This is where my energy naturally grows.” You can be grateful and still admit that something is not your direction. You can be responsible and still build a path that reflects your interest in health, optimisation, learning and teaching. The karmic correction is not to abandon responsibility, but to stop using responsibility as the reason you

cannot explore your true field.

Your childhood and adult experiences have created a belief that no one will be there for you. This belief made you independent, careful and resilient, but it also made receiving difficult. You may trust your logic more than life itself. You may keep emotional distance so that no one can disappoint you too deeply. You may prefer to be fair rather than good because being too good once left you feeling used. This is a mature correction, but the deeper healing is to become discerning without becoming closed. Fairness protects your boundaries; bitterness closes the heart. Your path is to keep the boundary and reopen the heart slowly.

The 12–3 also shows itself in how long you take to adapt to something new. At first, a new situation can feel heavy or uncertain, but once you enter it, you commit, improve and evolve. This means your challenge is often not ability; it is initiation. You may delay because you fear choosing wrongly, failing, wasting effort or losing security. Once moving, however, you prove to yourself that you can learn. This is important for your career direction. You do not need to know the perfect job immediately. You need to test aligned directions in small, safe and consistent ways.

Your interest in biohacking and health is not random. It reflects the physical intelligence of this karma. Physical Karma 12–3 often needs to learn through the body: energy, habits, discipline, nervous system regulation, food, movement, recovery and self-observation. You once liked working out, but inconsistency and lack of time pulled you away. This suggests that your body already knows one gateway back to alignment. Movement is not only fitness for you; it is a way to unfreeze

direction. When the body moves, the mind becomes clearer, and the inner teacher becomes easier to hear.

You say you do not feel an inner sense of purpose, yet your answers reveal several purpose signals. You improve what you do. You learn. You teach. You sense people and circumstances accurately. You are pulled toward health and biohacking. You naturally analyse life patterns. You want, if nothing held you back, to look after yourself and enjoy life. These are not empty statements. They show that your purpose may not arrive as one dramatic career title. It may arrive as a lived direction: to restore yourself, embody what you learn, and teach practical wisdom from experience.

Your intuition is one of your strongest assets. You often have a knowing about people and circumstances, and it usually proves correct. However, because you rely strongly on logic and always keep a plan B, your intuition may be used mainly as a warning system rather than as a guiding system. You trust it when it protects you, but perhaps less when it invites you. Physical Karma 12–3 asks you to balance logic with inner knowing. Logic can plan the road, but intuition often shows which road actually belongs to you.

The wound around love is also central. Your ex-wives taught you, through painful experience, that attachment carries no guarantee. Yet the lesson may not be that love is unsafe; it may be that unconscious attachment is unsafe. The deeper lesson is to choose relationships where trust is built gradually, where your generosity is not abused, where communication is direct, and where you do not abandon yourself to preserve connection. Your karma is not asking you to blindly commit

again. It is asking you not to let past endings become a permanent sentence against future emotional openness.

Your family dynamics also reveal the pattern. You feel that only your sister and you are normal, while others seem indifferent or from another planet. This shows how sensitive you are to emotional availability. You notice when people do not feel, respond or think in ways that make sense to you. You have become the one who teaches rather than the one who is taught. This may have made you mature early, but it may also have left you tired of being the strong, clear or responsible one. Part of your healing is allowing yourself to stop teaching everyone and to find spaces where you can simply be received.

Your father's influence around money gave you a practical foundation: stretch the dollar, do not waste, but still enjoy life. This is valuable for Physical Karma 12–3 because money can easily become tied to safety, control and self-worth. You may choose jobs for financial stability because safety matters deeply to you. The growth edge is to keep the wisdom of financial care while no longer letting money alone decide your path. Security is important, but a secure life without expression can still feel like stagnation.

The repeated themes of divorce, separation and job loss are not random in this reading. They appear as forced resets. Each one removes a structure that was not fully aligned, but because the ending is painful, you may focus on the loss rather than the redirection. In an intuitive sense, life has repeatedly interrupted forms that were not giving you true belonging. The invitation is not to expect more loss, but to ask what each loss tried to reveal: where you were settling, where you were over-giving,

where you were playing safe, and where your own truth was not being expressed.

At this stage of your life, the practical direction is to create a bridge between responsibility and expression. You do not need to abandon your current work immediately. Instead, you can begin building a parallel path around health, biohacking, education or practical wellbeing. This could begin as writing, short talks, informal coaching, structured posts, recorded explanations, workshops, or a simple project where you document what you learn and how it works. The key is to make your knowledge visible. The 3 needs expression. If you keep the knowledge only inside, the karma remains stagnant.

You are not directionless; you are over-adapted. You have become very good at doing what life requires, but less practised at choosing what your soul prefers. Your next chapter asks for small, repeated acts of self-choice. Choose one health topic and explain it. Choose one physical routine and keep it simple. Choose one boundary and honour it. Choose one relationship dynamic where you stop over-teaching and start observing. Choose one career experiment and give it a defined timeframe. This is how purpose begins to become physical.

The intuitive message of Physical Karma 12–3 for you is this: you are here to stop surviving as only the responsible one and begin expressing as the knowledgeable one. You are here to trust that your lived experience, your losses, your observations, your body awareness and your philosophical mind all belong to one path. You do not need to have everything figured out before you begin. You begin by expressing honestly, consistently and practically. Your life opens as you stop waiting

for certainty and start giving form to what you already know.

Spiritual Talents 8—8

Number	8
English letter	Ch
Hebrew letter	Ches
Letter type	Simple Letter
Category	Physical
Symbol	1. The sign of elementary existence relating to the physical; like an amoeba, fluid
	2. Most powerful earth vibrations available, binds you here to Earth
Star sign	Cancer
Positive	Sensitive, imaginative, paternal and protective
Negative	Clingy, need to be needed, overemotional
Quality	Sight
	Clairvoyance, the ability to clearly see the future
Organ	Right Hand
	Your hand is extended to others, open to receive and share.

Your Spiritual Talents 8–8 show that you carry a powerful inner capacity for resilience, discernment, authority and transformation. This is not a light or casual talent. It is the kind of spiritual strength that is forged through pressure, loss, responsibility and repeated moments where you have had to rely on yourself. You may not always call this a talent because it has often felt like survival, but the deeper pattern shows that you have developed a strong inner backbone. You understand life through experience, not theory alone. You have been shaped by divorce, separation, job uncertainty, childhood insecurity, family responsibility and the repeated feeling that you must stand on your own.

The double 8 suggests that your spiritual talent is connected with power, boundaries, justice, self-mastery and the wise use of energy. You are not here to be passive in your own life. You are here to learn how to hold power without becoming hard, how to protect yourself without closing your heart, and how to lead yourself without needing constant approval. Your answers show this clearly. You used to be good to people, but experience taught you that goodness without discernment can be exploited. You have now moved toward being fair instead of simply being good. This is one of your 8–8 gifts: you are learning the difference between generosity and self-betrayal.

Your spiritual strength has been built through the feeling that no one was there when you needed someone. As a child, as a teenager, as an adult and even after moving abroad, you carried the same imprint: you had to be independent because support could not be guaranteed. This created self-reliance, planning and caution. You make big decisions mostly with logic, and you keep a plan B because you do not want to be trapped

or dependent. Spiritually, this shows a strong 8 field: you have learned how to survive through structure, control and personal responsibility.

The gift within this is that you can become emotionally and spiritually dependable for yourself. You are not easily destroyed by difficulty. Even when life removes a relationship, a job or a familiar structure, you look for the reason behind it. You ask why something happened, what it is showing you and what can be learned. This gives you the ability to extract wisdom from loss. The 8–8 talent is not only about strength; it is about turning pain into authority. You become more powerful when you do not simply endure events, but consciously integrate them.

Your relationship history is central to this talent. Your first divorce and second separation did not only end partnerships; they reshaped your belief in love. You have learned not to attach easily because you have seen that love and relationship do not come with guarantees. This has made commitment feel unsafe. Yet the spiritual talent of 8–8 is not to avoid love forever. It is to become powerful enough within yourself that love no longer becomes a place where you lose your centre. Your talent is to love with boundaries, not walls; with discernment, not fear; with self-respect, not self-abandonment.

You may now refuse to commit because that feels like protection. But intuitively, the deeper movement is asking you to separate commitment from danger. Commitment does not have to mean surrendering your power to another person. Commitment can mean staying loyal to your truth, your body, your healing, your learning and your standards. Before relationship commitment can feel safe again, self-

commitment must become stronger. You teach yourself that you are the one person who will not abandon you.

Career is another major place where your 8–8 talent is active. You have often taken jobs because they were available or because they kept you financially safe. You may not feel aligned with them, but you still do your best because responsibility matters to you. This shows discipline, endurance and practical intelligence. However, the spiritual talent is not fully expressed when you only use your power to survive. The 8–8 gift wants you to move from survival authority into chosen authority. You are not only meant to do what keeps you safe; you are meant to build something that reflects your inner strength and knowledge.

Your attraction to biohacking and health is significant. It shows that you are strongly pulled toward mastery of the body, energy and performance. The 8–8 talent often wants to understand systems: how the body functions, how habits change outcomes, how discipline affects wellbeing, and how energy can be directed more effectively. You are not only curious about health; you are drawn to empowerment through health. This could become one of the most natural channels for your spiritual talent because it combines self-mastery, teaching and practical transformation.

You naturally take the role of teacher with your relatives, friends, colleagues, siblings and mother. In an 8–8 reading, this is not only communication; it is leadership. People may come to you, or you may find yourself stepping into the role of guide because you can see what others do not see. You have a philosophical mind, but your philosophy is grounded in lived reality. You teach from observation. You teach from

trial. You teach from what disappointment, responsibility and independence have shown you. This gives your words weight.

Your intuition is also part of the 8–8 talent. You often have strong knowing about people and circumstances, and it usually proves correct. This knowing is a form of spiritual discernment. You can sense power dynamics, reliability, hidden motives and whether a situation is likely to serve you or drain you. Because you have been disappointed before, you may use this intuition primarily to protect yourself. The next level is to use it not only to avoid harm, but also to recognise opportunity, aligned people and the right timing for growth.

The double 8 can make you very aware of fairness, loyalty and energetic exchange. This is why the friendship where generosity was abused affected you strongly. It confirmed that not everyone can be relied on and that some people take without honouring what they receive. Your talent is to see this clearly and adjust. You are not meant to become suspicious of everyone, but you are meant to become precise about access. Some people receive your teaching. Some receive your kindness. Some receive your private life. Not everyone receives all of you.

Your family pattern also highlights this. You feel that your brothers did not teach you much, and that you teach them instead. You are close to one sister and share your personal life with her. You feel that you and this sister understand life in a way that others in the family do not. This can create a lonely kind of authority, where you become the one who sees, explains and carries perspective. The 8–8 lesson is to lead without carrying everyone. You can be a source of wisdom without becoming responsible for everyone's growth.

Karma Status

Based only on the information provided in the sections for Physical Karma 12–3, Spiritual Karma 21–3 and Soul Destiny 12–3, the karma does not appear to be completely deviated. The core patterns are still active, but they are also clearly being understood, integrated and redirected. This means the karmic material has been partially transmuted, with further conscious work still to be done.

Physical Karma 12–3: Still to Be Done, with Partial Transmutation

Physical Karma 12–3 is not completely transmuted yet because the document shows that responsibility, survival, financial safety and emotional self-protection are still strong organising forces. You are still working in ways that provide security rather than full alignment, still carrying caution around commitment, and still rebuilding consistency in the body and daily rhythm. These signs point to karma that remains active in the physical field.

The physical karma is already moving toward transmutation because there is awareness of the pattern, gratitude without complete resignation, interest in health and biohacking, natural teaching ability, and recognition that purpose may need to become practical through small visible steps. The karma is therefore best described as still to be done, but already partially transmuted.

Goals and Talents Activation

Based on your Physical Goals 22–4, Spiritual Goals 9–9, Physical Talents 3–3 and Spiritual Talents 8–8, the physical and spiritual goals are not yet fully achieved, but they are clearly being approached. The physical and spiritual talents are also not dormant; they are already active in informal and instinctive ways, though they still need stronger structure, consistency and conscious direction to become fully activated.

Physical Goals 22–4: Being Achieved, but Not Yet Completed

The Physical Goals 22–4 are being achieved in the sense that you have already developed responsibility, financial awareness, resilience, practical survival skills and the ability to rebuild after major resets. The goal of becoming grounded, stable and capable in the physical world is clearly active. You have learned how to work, adapt, stretch resources, keep going and maintain a practical foundation even when life has been uncertain.

However, these goals are not fully completed because the 22–4 energy is meant to build something consciously aligned, not only maintain safety. At present, much of the physical structure still appears to be based on responsibility and security rather than a chosen project, aligned work or a visible system built from health, teaching and practical wisdom. Therefore, the physical goals are being achieved at the foundation level, but the higher expression of 22–4 still needs to be built.

Interaction and Counteraction

The mentioned configuration numbers form a single connected pattern rather than separate influences. Physical Karma 12–3, Spiritual Karma 21–3, Physical Talents 3–3, Spiritual Talents 8–8, Physical Goals 22–4, Spiritual Goals 9–9 and Soul Destiny 12–3 all revolve around one central movement: turning survival, loss, responsibility and private knowing into expressed wisdom, structured service and conscious self-mastery.

The Repeating 3: The Main Connecting Thread

The number 3 appears repeatedly in Physical Karma 12–3, Spiritual Karma 21–3, Physical Talents 3–3 and Soul Destiny 12–3. This makes communication, teaching, interpretation and expression the main connecting thread of the whole chart. The life pattern repeatedly shows that you are not meant to keep wisdom private. You are meant to speak, teach, explain, organise and translate experience into something useful for others.

At the same time, the repeated 3 can counteract itself when expression remains informal, scattered or delayed. You may explain many things to many people, but not yet build one clear channel for their knowledge. In that case, the 3 gives insight but not completion. It activates talent, but without the grounding numbers it can remain only conversation, advice or private philosophy.

12–3 and 21–3: Karma Pushing Expression Through Pressure

Physical Karma 12–3 and Spiritual Karma 21–3 work together by

creating pressure that forces expression to mature. The 12–3 creates lessons around balance, relationships, responsibility, emotional safety and the need to express lived understanding. The 21–3 adds endurance, hardship, inner heaviness and spiritual testing. Together, they show that expression does not come easily at first; it is refined through survival, loss, divorce, separation, job uncertainty and the need to repeatedly rebuild.

They can also counteract each other. The 12–3 wants harmony, emotional openness and communication, while the 21–3 can make the person guarded, tired or cautious because of past hardship. This means one part wants to share and connect, while another part protects itself from being hurt again. The result can be wisdom without full visibility, love without full commitment, and purpose signals without complete action.

Relationship between your questionnaire and the Vibration Numbers

Your shared life experience strongly reflect the vibration numbers already outlined in this report. Across the responses, there is a clear pattern of seeking purpose, carrying emotional independence, teaching others, navigating relationship disappointment, and trying to understand one's place in work and life. These themes correspond especially with Number 12, Number 3, Number 21, Number 8, Number 22, Number 4, and Number 9, each of which appears to describe a different layer of the individual's life experience.

Number 12 – Creative: Expansion, Learning, and the Teacher Role

Number 12 is strongly reflected in the repeated desire to learn, improve, and eventually share knowledge. You state that you feel most aligned when improving anything they do and learning, and they also feel strongly pulled toward biohacking and health. This mirrors the Lamed vibration: the student who gathers knowledge in order to teach. The recurring teaching role with relatives, friends, colleagues, siblings, and mother also directly connects to the “Natural Teacher” quality of Number 12.

At the same time, the feeling of being stuck in career and relationships reflects the Number 12 lesson of expansion versus restriction. The soul appears to want growth, learning, and meaningful expression, yet life circumstances have created hesitancy, uncertainty, and self-protection. Your report therefore suggests that the individual's sense

of stagnation may not be a lack of direction, but rather a sign that the creative and teaching energy has not yet found its most aligned outlet.

Number 3 – Communication: Sharing Knowledge and Speaking from the Soul

Number 3 is visible through the individual's natural tendency to communicate, explain, philosophize, and teach. You describe yourself as someone who shares perspectives on life, people, health, and personal development. This aligns with Gimmel's vibration of bringing inner concepts out into the world and becoming a soul teacher.

The difficulty lies in translating wisdom into a clear life direction. Your life experience shows communication ability, but also uncertainty around career purpose. This resembles the Number 3 transition from inner potential to external expression. You appear to have a strong inner voice and intuitive knowing, but the practical challenge is to give that voice a structured form, such as coaching, education, content creation, health guidance, mentoring, or another knowledge-sharing path.

Inner Work

A Journey Within: The Path to Self-Discovery

Inner work is the sacred practice of turning inward to explore your emotions and beliefs. It is the path of self-awareness, healing, and spiritual growth that transforms how you relate to yourself and the world around you.



Inner Work Journal

A guided booklet, based on your soul contract, for reflection,
self-awareness, integration and embodied change.

Stage 1 — Awareness

“What is happening within me?”

Karma 3: Expression, Teaching and Voice

Where am I keeping my wisdom private when it is ready to be
expressed?

What do I naturally explain, teach or translate for others without
effort?

Stage 2 — Integration

“What am I learning from my experiences?”

Goal 9: Release, Completion and Meaningful Contribution

What ending, disappointment or old belief am I still carrying as proof that life is unsafe?

What am I ready to release without denying what I learned from it?

Stage 3 — Embodiment

“How do I live this differently?”

Goal 4: Foundation, Routine and Consistency

What foundation in my life feels stable, and what foundation still needs strengthening?

Where do I need a simple routine that can survive real life, not just ideal conditions?

Stage 4 — Expression and Contribution

“How does what I’ve learned become useful to others?”

Karma 3: Expression, Teaching and Voice

Where am I keeping my wisdom private when it is ready to be expressed?

What do I naturally explain, teach or translate for others without effort?
